



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LESSON SELECTOR

AGE:

3 to 5 Years

WHICH STAGE IS THE STUDENT READY FOR?

Can the child do a front float and back float for 10 seconds on their own?

Yes



Not Yet →

NOT YET

Stage 1

Can the child swim halfway across the pool (10 yards) on their front and back all by themselves (face in the water and lifting head to breathe)?

Not Yet →

NOT YET

Stage 2

Yes →

YES

Stage 3