



# MAP FOR MINORS USING THE YMCA FACILITY

**Infants up to 6 months old** – Must be with parent/guardian at all times. Parents/guardians may bring an infant to the upstairs adults only fitness area in a carrier not blocking walkways.

**Children ages 6 months to 6 years old** – Must be in a supervised program, the supervised child watch area, or with their parent/guardian at all times.

**Youth ages 7 to 12 years old** – Must be in a supervised program or supervised area like the youth center, swimming pool, or climbing gym. Otherwise youth must be with parent/guardian.

**Teens ages 13 to 17 years old** – Are allowed on the first floor except the adult only locker rooms. They may be in a supervised area such as the youth center, swimming pool, or climbing gym and are also allowed in unsupervised areas such as the gymnasium, racquetball court, and fitness center. Teens must have a fitness center orientation to use that space. Teens are allowed upstairs for exercise classes in the aerobic studio and mind-body room during class only.

For safety reasons, children and youth ages 12 and under will not be allowed to enter the building unless they are in a supervised area or with an adult (18+). The **2026 SUMMER TIME** map below illustrates the options.

	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-5:00	5:00-6:00	6:00-7:00	7:00-8:00				
<b>MON</b>	Child Watch			Free Lunch 11:45-12:30	→	Rec Swim			Child Watch							
	Summer P.E								Rec Swim	Rec Swim						
									YC Art	YC STEM	YC Games					
<b>TUE</b>	Child Watch			Free Lunch 11:45-12:30	→	Rec Swim			Child Watch							
	YC Art	YC STEM	YC Games						Climbing Gym							
			Tumble Tots													
<b>WED</b>	Child Watch			Free Lunch 11:45-12:30	→	Rec Swim			Child Watch							
	Summer P.E								Rec Swim	Rec Swim						
									YC Art	YC STEM	YC Games					
<b>THU</b>	Child Watch			Free Lunch 11:45-12:30	→	Rec Swim			Child Watch							
	YC Art	YC STEM	YC Games						Climbing Gym							
										Fam. Zumba	B-Ball					
<b>FRI</b>	Child Watch			Free Lunch 11:45-12:30					Rec Swim		Rec Swim					
	Day Camp										B-Ball					
<b>SAT</b>	Rec Swim		Rec Swim													

**Note:** If you need an all day child care option then please check out the Preschool or Day Camp programs